



## Over the river and through the woods to Grandmother's house, we go!

If your family is traveling any distance this Holiday season, you're not alone—nearly 40 million Americans are also on their way to Grandma's house. Consider the following tips to keep your family safe and your sanity in tact along the way:



### Car

#### TIRES:

- CHECK TIRE PRESSURE AND TREAD DEPTH
- CHECK THE SPARE, TOO!

#### BATTERIES:

- CHECK CONNECTIONS
- ARE TERMINALS CLEAN AND TIGHT?
- IF MORE THAN THREE YEARS OLD, HAVE IT TESTED

#### WIPER BLADES:

- CHECK FOR WARE
- DO THEY LEAVE STREAKS OR SPOTS?



## ▶ Holiday Travel with Safety & Sanity

### ▶ SANITY

#### Kids

- ◇ Bring healthy snacks
- ◇ Pack travel toys and games
- ◇ Prepare for the inevitable “are we there yet” with frequent restroom breaks and opportunities to stretch

### ▶ SAFETY

#### Emergency Kit

- ◇ BLANKETS
- ◇ CELL PHONE CAR CHARGER
- ◇ FLASH LIGHT
- ◇ EXTRA BATTERIES
- ◇ BOOSTER CABLES
- ◇ NON-PERISHABLE FOOD ITEMS AND WATER
- ◇ WARNING FLARES